



# Curiosity Cures

*Blocks*

Using defensive know it all-ness

Negative expectations

Fear of being made wrong when sharing unique self

I feel there's no accident that cure and curiosity have the same root word. And whoever said it kills cats doesn't know stealthy AF cats very well, hahaha!

Curiosity is linked to wonder and the beginner's mind. It's a freeing not knowing type of energetic state that taps into the inherent joy and delight of innocence.

When you take your adult self who's learned a thing or two and combine it with your creatively curious, playful side, you end up with a powerhouse for potential on so many levels. Curiosity also keeps you in the NOW like no other.

Curiosity isn't just for kids. It is the pure flow of energy underneath every creative hunch, innovation, invention, and connection. It fuels evolution itself.

Cultivating this mindset is a key to your creativity and the art of creating your life.

## ? Provocative Question

What were you naturally curious about as a kiddo? Where in your life today do you crave more play? If in any way, does your inner child curiosities connect to the second question and how?



### 😊 New You Action

Oooooooo, this one may make you squirm a little! Today your NYA is to reach out to at least 1 person you've been curious/intrigued about and make a connection.

Ask them questions about themselves, be a good listener, pay attention to how they speak and their general body language. Be like a child asking any question that sparks your curiosity. And pay attention to how you experience their energy and what it sparks in you.

If you need or want an alibi, go ahead and tell them you're doing it as part of an experiment in your creative mindset challenge 😊

### 🛍️ Mystery Bag (Mindset - Magick - Money)

MINDSET - Allow yourself to watch a video on something you've always been intrigued by but judged yourself about wanting to check it out. It could even be a morbid curiosity or something taboo.

Just suspend judgement and, like the New You Action, stay curious about what you discover and also notice about yourself and how you respond to it.

*Mindset + Creativity = Magick and Money*



# Notes & Inspirations